



## 2012 Sweetheart Classic Gymnastics Invitational February 18-19, 2012 Manual High School

### SATURDAY, FEBRUARY 18, 2012

#### MODIFIED CAPITOL CUP FORMAT

#### Session 1 - Level 3

8:00 - 8:20	Open Stretch
8:05 - 8:15	Coaches Meeting
8:20 - 8:30	Warm-Up 1st Event-Flight A
8:30 - 8:40	March In
11:15	AWARDS
<b>Flight A</b>	
Seymour	VT 1
Rising Star	2
IN Gym-Nest	6 *
InterActive	UB 15 *
The Dance Refinery	BB 8 *
InterActive	FX 15 *
<b>Flight B</b>	
SIGS	VT 14 *
Gym Unlimited	UB 10 *
SIGS	BB 14 *
Gym Unlimited	FX 10 *

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#### Session 2 - Level 4

11:30 - 11:50	Open Stretch
11:35 - 11:45	Coaches Meeting
11:50 - 12:00	Warm-Up 1st Event-Flight A
12:00 - 12:10	March In
2:30	AWARDS
<b>Flight A</b>	
SIGS	VT 9 *
Classic City	UB 3
Mid-America	8 *
SIGS	BB 9 *
Tri-State	FX 1
The Dance Refinery	9 *
<b>Flight B</b>	
Bella Rose	VT 3
Gym Unlimited	8 *
Gymnastics Lane	UB 4
InterActive	8 *
Gym Unlimited	BB 9 *
Seymour	FX 4
InterActive	7 *

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#### Session 3 - Level 5/6

2:45 - 3:05	Open Stretch
2:50 - 3:00	Coaches Meeting
3:05 - 3:15	Warm-Up 1st Event-Flight A
3:15 - 3:25	March In
5:30	AWARDS
<b>Flight A</b>	
Bella Rose	VT 1 L6
Gym Etc	1 L5
Gym Unlimited	1 L5
Mid-America	5 L5*
Hoosier	UB 8 L5*
Classic City	BB 11 L5/L6*
Cathleen's	FX 2 L5
Gymnastics Lane	7 L5/L6
<b>Flight B</b>	
Rising Star	VT 8 L5*
Seymour	UB 8 L5*/L6*
Rising Star	BB 8 L5
Summit Academy	FX 6 L5/L6*

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#### Session 4 - Optional - 7/8/9/10

5:40 - 6:00	Open Stretch
5:45 - 5:55	Coaches Meeting
6:00 - 6:15	Warm-Up 1st Event-Flight A
6:15 - 6:25	March In
9:30	AWARDS
<b>Flight A</b>	
Classic City	VT 7 L7/8
Spectrum	UB 3 L7*
Cathleen's	4 L7/8/9
Gymnastics Lane	BB 1 L9
Seymour	2 L7
Richmond	2 L7
Rising Star	FX 10 L8*/L9*
<b>Flight B</b>	
Hoosier	VT 10 L7*/8*/9
Bella Rose	UB 1 L7
Hodgini's	1 L8
The Gym Co	4 L7*/8
Tri-State	BB 4 L7/9
InterActive	1 L8
Indy School	2 L8
Mid-America	FX 3 L7*
Summit	4 L7/9/10

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## 2012 Sweetheart Classic Gymnastics

### Invitational

February 18-19, 2012

Manual High School

**SUNDAY, FEBRUARY 19, 2012**

### MODIFIED CAPITOL CUP FORMAT

#### Session 5 - Xcel Silver/Gold/Platinum

8:00 - 8:20	Open Stretch		
8:05 - 8:15	Coaches Meeting		
8:20 - 8:30	Warm-Up 1st Event-Flight A		
8:30 - 8:40	March In		
11:50	AWARDS		
<b>Flight A</b>			67
Bella Rose	VT	3 XS/XG	
Mid-America		4 XS*	
Rising Star	UB	8 XS*	
SIGS	BB	11 XS*	
IN Gym-Nest	FX	4 XG	
InterActive		5 XS/XG*	
<b>Flight B</b>			
Hoosier	VT	9 XS/XG*/XP*	
Gym Etc	UB	1 XS	
Top Flight		1 XS	
Gymnaworld		1 XG	
Spectrum		2 XS	
Sportastiks		3 XS/XG	
Westside	BB	3 XG*	
The Dance Refinery		4 XS/XG	
Richmond	FX	2 XS/XG	
Summit Academy		2 XS/XG	
Cathleen's		2 XS	
Small Wonders		2 XS	

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#### Session 6 - Level 3/Xcel Bronze

12:00 - 12:20	Open Stretch		
12:05 - 12:15	Coaches Meeting		
12:20 - 12:35	Warm-Up 1st Event-Flight A		
12:35 - 12:45	March In		
3:15	AWARDS		
<b>Flight A</b>			96
Lafayette Area	VT	2 L3	
Rising Star		8 XB*	
SIGS	UB	15 XB*	
Rising Star	BB	5 L3*	
Westside		5 XB*	
Kids In Motion	FX	14 L3/XB	
<b>Flight B</b>			
Sportastiks	VT	3 L3/XB	
Spectrum		10 L3/XB*	
Bella Rose	UB	1 XB	
Mid-America		9 L3*/XB	
InterActive	BB	16 XB*	
IN Gym-Nest	FX	4 XB	
Small Wonders		7 XB	

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#### Session 7 - Level 4

3:30 - 3:50	Open Stretch		
3:35 - 3:45	Coaches Meeting		
3:50 - 4:00	Warm-Up 1st Event-Flight A		
4:00 - 4:10	March In		
6:10	AWARDS		
<b>Flight A</b>			79
Gym Etc	VT	5	
Cathleen's		7 *	
Sportastiks	UB	4 *	
Top Flight		6	
Kids In Motion	BB	3	
Hoosier		7 *	
The Gym Co	FX	12 *	
<b>Flight B</b>			
Malone's	VT	3	
Rising Star		7 *	
Connersville	UB	4	
Richmond		5	
Rising Star	BB	8 *	
Westside	FX	4 *	
IN Gym-Nest		4 *	

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#### Session 8 - Level 5/6

6:20 - 6:40	Open Stretch		
6:25 - 6:35	Coaches Meeting		
6:40 - 6:50	Warm-Up 1st Event-Flight A		
6:50 - 7:00	March In		
9:00	AWARDS		
<b>Flight A</b>			70
Westside	VT	9 L5*	
InterActive	UB	10 L5*/L6	
Richmond	BB	8 L5/L6	
The Dance Refinery	FX	4 L5*	
Connersville		6 L5/L6	
<b>Flight B</b>			
The Gym Co	VT	10 L5*/L6	
Sportastiks	UB	2 L5	
Spectrum		6 L5*	
IN Gym-Nest	BB	4 L5*	
Top Flight		4 L5	
Lafayette Area	FX	1 L5	
Gym Unlimited		6 L5*/L6	

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